

Session 1

Jesus the way, truth and life

Bible reference

John 14:1-7

How does this session help people grow in Christ?

Although this session can be used at any time, it is particularly well placed during Eastertide when you may wish to incorporate the biblical account of Jesus' death and resurrection, or give an short overview alongside the message of giving our whole lives to Jesus.

Messy team theme

- Talk about family, hobbies, holidays, interests, etc.



Activity

You will need: 160 gsm white card; an A4 page of small pictures of hobbies/interests/people/scenes; all-purpose glue or glue sticks; scissors; laminator

Prepare by cutting out crosses 21x12 cm and printing out an A4 sheet of small pictures per person.

On the day, invite people to cut out pictures that represent their life story and stick them on the cross. Laminate and cut out finished crosses, leaving a small border to enable lamination to remain secure.

Celebration

You might choose one of the following:

If available, bring in a Maria Gomez cross, or show a picture of one, portraying Maria's life working among the poor women of El Salvador. Tell Maria's story, then invite those gathered to share their life story displayed on the cross.

Have a quiet time to allow people to fully enter into each picture on their cross. Draw time to a close in prayer, allowing space for people to verbalise their prayers should they so wish.

Song suggestions

All to Jesus I surrender
Lord Jesus Christ, you have come to us
From heaven you came, helpless babe
When I survey the wondrous cross
There is a green hill far away
I know that my redeemer lives
Thine be the glory
Lift high the cross